


# ELCR

## East Leake Crisis Response



You are  
**NOT** alone,  
we are here

### Need our Support?

Phone: 07909 563531 : Email [info@elcr.org.uk](mailto:info@elcr.org.uk)

Website: <https://elcr.org.uk> : Facebook: @ELCR19

Contact us for Food Bank Supplies, we can help!

If you are self-isolating we can

- walk dogs
- collect prescriptions
- personal shopping

### Donate

Mon : Wed : Fri 10:00am to 2:00pm at the Village Hall

Other times at Pinfold Vets and EL Cooperative

### East Leake Traders

Traders' Directory available to download

or collect from the Greengrocer/Post Office

for information about local traders still trading

Open Forum (Zoom) 10 :00am every Tuesday & Thursday

Zoom meeting is a virtual meeting you can ask for help,  
have questions, about home, business, or just connect .

Link to us by going to Zoom links on:

Website: <https://eastleaketraders.co.uk>

Facebook: @eastleaketradersassociation

### Questions?

Turn over for answers or give us a ring.



EAST LEAKE  
**TRADERS**  
ASSC.



# Want to know more?



## Q. Who is the Food bank for?

A: If you are facing financial hardship or worry of any kind then the foodbank will help put food on your table and feed you and your family. We can supply 3 meals a day for 3 days. This can be repeated if needed whilst you get back on your feet.

## Q. Can I use the food bank if I'm poorly or self-isolating

A. If you are poorly or self-isolating and need food getting for you whether this is free via the food bank or you are happy to fund, then we can help you with personal shopping and getting the food to you. We can take cash payments (maximum £30) and go and shop on your behalf.

## Q: How many times can I use the food bank?

A: You can use the food bank as and when it is needed, if you believe you may need help long term our team will work with you to help you get back on your feet and provide information of other agencies we work with to accommodate this.

## Q. If I'm struggling financially but can make a contribution towards the cost is this OK?

A. Absolutely we can do both, this maybe a first for anyone and these crazy circumstances by which we find ourselves can effect any single one of us.

## Q. When is the foodbank open to use?

A. Mon, Wed, and Fri from 10:00 till 14:00 (however we provide emergency out of hours service if needed). The food bank also offer a feed the homeless option for those who find themselves in extreme hardship. Meals that come in a self heating packet for those with no cooking facilities, with request of this kind we also offer information on shelter.

## Q. I need medicine or self-isolating and need prescriptions - can you help?

A. Absolutely, we can pick up your prescriptions and deliver for you.

## Q. If I have a dog to walk and I'm poorly or pets that need looking after can you help?

A. Get in touch we have a number of people who will visit and take your pets for walks.

## Q. What is Zoom?

A. Zoom is a facility that enables you to see and talk to other people online via your telephone, tablet or computer.

## Q. How do I use Zoom?

A. Go to [www.eastleaketraders.co.uk](http://www.eastleaketraders.co.uk) or look for us on a Facebook search for **East Leake Traders** and you will find links. Click on the link, this will download the Zoom facility to your device. It will ask you for a password. When connected you will get advice on how to make sure your camera or microphone are turned on.

## Q. Who is Zoom for?

A. Anyone, it's where you'll find some traders, the council, a member of East Leake Crisis Team, happy to help. It could be about any concerns you have, a question for the council, or something you need help with at home. You may be lonely and like to just chat or connect or just see people from the village. It's a way of sharing and communicating.

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Are you worried about money, schooling, are you elderly and isolated, are you worried about your business? Do you have any ideas or ways we can work better for the next few months...don't be alone, lets share. Keep the village connected in every way we can.