

Some Practical Guidance

If you are carrying out litter picking as part of the scheme, please follow the guidance below to ensure the activities are kept safe. Remember you have a responsibility to keep yourself and those with you free from harm and don't put them at risk. If you have children with you, you are responsible for their safety.

- To carry out litter picking safely please always wear the high visibility vest and gloves provided and use the litter picker to pick up any litter.
- Consider the weather and wear appropriate clothing. For example, if it's sunny wear a hat and use sunscreen. Wear clothing to protect your arms and legs from brambles/nettles. Always wear sensible footwear, not sandals.
- Consider any dangers in the area where picking. Please do not litter pick near busy roads, water courses or in secluded or dark areas. Remember to let others know where you are and have the means to raise an alarm in an emergency.
- Do not kneel or lean on an area of ground that has not been litter picked. Handle all litter with care - be observant as there could be sharp or dangerous objects concealed in waste piles.
- Please do not attempt to clear hazardous waste such as dog fouling, glass, or needles, or suspected asbestos material. Please report these items via the Rushcliffe Borough Council [website](https://www.rushcliffe.gov.uk) or customer service team customerservices@rushcliffe.gov.uk
- Change waste bags regularly and do not attempt to lift any heavy waste. Please report larger waste items to the customer service team customerservices@rushcliffe.gov.uk
- When handling bagged waste, consider how it is handled, always hold the bag away from your legs and body to minimise the risk of injury from sharp objects. Never carry bags over your shoulder.
- When you have filled a bag, tie it securely. Bags should be left in clearly visible piles and out of the way of footpaths to reduce the risk of trips and falls. You can email streetwise@rushcliffe.gov.uk who will collect the full bags.
- Always be mindful of your own limitations. Do not overexert yourself – change position and hands frequently when you are litter picking. Varying your position will put less strain on your back.
- Do not challenge any anti-social behaviour. If you do witness any incidents of this kind, please report it via the Rushcliffe Borough Council [website](https://www.rushcliffe.gov.uk) or the customer service team customerservices@rushcliffe.gov.uk

